



21

DAYS OF PRAYER WITH FASTING

21



WELCOME

During this season we'll be unpacking what it is to be a House of Prayer, a House of Power and a House of Praise. Undergirding this is a reminder that we're also called to be a House of Purity, so why not pray, every day, the simple but beautiful prayer from Psalm 51:10

"Create in me a pure heart, O God, and renew a steadfast spirit within me."

There is a great team of people who have each recorded a short, daily video devotional, using a couple of scriptures to help unpack the theme of the day. There are also other resources that you might want to use, including the Prayer Shield. It would be great if all the 24/7 prayer slots were filled throughout the 21 days, so please sign up for at least one of those.

If you don't already use a journal, you might want to consider getting one, to help record your prayers, and anything else you sense the Lord might be saying to you.

Finally, the scripture *"...if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land..."* seems more pertinent than ever. Let's use this season to seek the Lord, not just for ourselves, but also on behalf of our nation.

Details of how to access the additional resources are on the back.

All scriptures are from the NIV unless otherwise stated.

THE PRIORITY OF PRAYER

"I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Saviour, who wants all people to be saved and to come to a knowledge of the truth. For there is one God and one mediator between God and mankind, the man Christ Jesus, who gave himself as a ransom for all people... Therefore I want men everywhere to pray, lifting up holy hands..."

- 1 TIMOTHY 2:1-8

**▶ Watch today's video devotional from
DAVE SMITH**

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

- PHILIPPIANS 4:6-8

TODAY:

- What is the Lord saying to you?
- Who are you praying for?
- Pray for the nation and for all those in authority.

 *"Create in me a pure heart, O God, and renew a steadfast spirit within me"*

- PSALM 51:10



PRAYER BRINGS INTIMACY WITH GOD

"Come near to God and he will come near to you."

- JAMES 4:8a

**▶ Watch today's video devotional from
KAREN SMITH**

*"Take delight in the LORD, and he will give you the
desires of your heart."*

- PSALM 37:4

TODAY:

- What is the Lord saying to you?
- Have you signed up for a 24/7 prayer slot?
- Pray for an increase in the miraculous among us

 *"Create in me a pure heart, O God, and renew a
steadfast spirit within me"*

- PSALM 51:10



PRAY WITH AUTHORITY

“Truly I tell you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven. Again, truly I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven. For where two or three gather in my name, there am I with them.”

- MATTHEW 18:18-20

**▶ Watch today's video devotional from
SAMSON ABI OYE**

“I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.”

- LUKE 10:19

TODAY:

- What is the Lord saying to you?
- Pray, “Lord, who do you want to BLESS through me?”
- Pray for more influence as a Kingdom Ambassador

 *“Create in me a pure heart, O God, and renew a steadfast spirit within me”*

- PSALM 51:10



THE CALL OF INTERCESSION

"I looked for someone among them who would build up the wall and stand before me in the gap on behalf of the land so I would not have to destroy it..."

- EZEKIEL 22:30

Watch today's video devotional from **SARAH FROST**

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.

- EPHESIANS 6:18-20

TODAY:

- What is the Lord saying to you?
- What are you praying for?
- Pray for a friend to come to know the Lord

 *"Create in me a pure heart, O God, and renew a steadfast spirit within me"*

- PSALM 51:10



GET READY FOR BATTLE

“Put on the full armour of God, so that you can take your stand against the devil’s schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God.”

- EPHESIANS 6:11-17

**▶ Watch today’s video devotional from
SIMON DEEKS**

TODAY:

- **What is the Lord saying to you?**
- **What are you fasting from?**
- **Pray for the peace of your city/town/ neighbourhood**

 *“Create in me a pure heart, O God, and renew a steadfast spirit within me”*

- PSALM 51:10



PRAY FOR SALVATION

The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel that displays the glory of Christ, who is the image of God. For what we preach is not ourselves, but Jesus Christ as Lord, and ourselves as your servants for Jesus' sake. For God, who said, "Let light shine out of darkness," made his light shine in our hearts to give us the light of the knowledge of God's glory displayed in the face of Christ.

- 2 CORINTHIANS 4:4-6

▶ **Watch today's video devotional from
PHIL TIMSON**

"I will rescue you from your own people and from the Gentiles. I am sending you to them to open their eyes and turn them from darkness to light, and from the power of Satan to God, so that they may receive forgiveness of sins and a place among those who are sanctified by faith in me."

- ACTS 26:17-18

TODAY:

- What is the Lord saying to you?
- Have you signed up for a 24/7 prayer slot?
- Pray for a spiritual 'awakening' in the nation

🙏 *"Create in me a pure heart, O God, and renew a steadfast spirit within me"*

- PSALM 51:10



SEND REVIVAL!

"...if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."

- 2 CHRONICLES 7:14

▶ Watch today's video devotional from **CHRIS SHARMAN**

"Will you not revive us again, that your people may rejoice in you?"

- PSALM 85:6

TODAY:

- What is the Lord saying to you?
- Who can you invite to the Wellbeing series?
- Pray for revival in the church

 *"Create in me a pure heart, O God, and renew a steadfast spirit within me"*

- PSALM 51:10



PRAY FOR GODLINESS

His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness.

- 2 PETER 1:3

▶ Watch today's video devotional from **HEATHER ROBERTSON**

For this reason, since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God, being strengthened with all power according to his glorious might so that you may have great endurance and patience, and giving joyful thanks to the Father, who has qualified you to share in the inheritance of his holy people in the kingdom of light.

- COLOSSIANS 1:9-12

TODAY:

- What is the Lord saying to you?
- What are you praying for?
- Pray for the nation and all those in authority

🙏 *"Create in me a pure heart, O God, and renew a steadfast spirit within me"*

- PSALM 51:10

POWER FOR WITNESS

"... you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."

- ACTS 1:8

**▶ Watch today's video devotional from
STEVE SQUIRRELL**

*Shout the news of his victory from sea to sea,
Take the news of his glory to the lost,
News of his wonders to one and all!*

- PSALM 96:2-3 MSG

Some of them, however, men from Cyprus and Cyrene, went to Antioch and began to speak to Greeks also, telling them the good news about the Lord Jesus. The Lord's hand was with them, and a great number of people believed and turned to the Lord.

- ACTS 11:20-21

TODAY:

- What is the Lord saying to you?
- Who are you praying for?
- Pray for an increase in the miraculous among us

 *"Create in me a pure heart, O God, and renew a steadfast spirit within me"*

- PSALM 51:10



POWER TO KNOW THE LOVE OF GOD

And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

- **EPHESIANS 3:17b-19**

Watch today's video devotional from **GALIA BEN-ISRAEL**

For Christ's love compels us, because we are convinced that one died for all, and therefore all died. And he died for all, that those who live should no longer live for themselves but for him who died for them and was raised again.

- **2 CORINTHIANS 5:14-15**

TODAY:

- What is the Lord saying to you?
- Have you signed up for a 24/7 prayer slot?
- Pray for a friend to come to know the Lord

 *"Create in me a pure heart, O God, and renew a steadfast spirit within me"*

- **PSALM 51:10**



POWER TO OVERCOME FEARS, WEAKNESS AND TEMPTATION

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.

- 1 PETER 5:8-9

**▶ Watch today's video devotional from
DAVID ROBERTSON**

For this reason, I remind you to fan into flame the gift of God, which is in you through the laying on of my hands. For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

- 2 TIMOTHY 1:6-7

TODAY:

- **What is the Lord saying to you?**
- **Who are you praying for?**
- **Pray for more influence as a Kingdom Ambassador**

 *"Create in me a pure heart, O God, and renew a steadfast spirit within me"*

- PSALM 51:10



POWER TO STRENGTHEN US

I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

- **EPHESIANS 3:16-21**

Watch today's video devotional from JOSH GARDINER

The LORD is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him. The LORD is the strength of his people, a fortress of salvation for his anointed one.

- **PSALM 28:7-8**

TODAY:

- What is the Lord saying to you?
- Have you signed up for a 24/7 prayer slot?
- Pray, "Lord, who do you want to BLESS through me?"

 *"Create in me a pure heart, O God, and renew a steadfast spirit within me"*

- PSALM 51:10



POWER FOR SIGNS, WONDERS AND MIRACLES

“The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the year of the Lord’s favour.”

- LUKE 4:18-19

▶ Watch today’s video devotional from JONATHAN CONRATHE

“Now, Lord, consider their threats and enable your servants to speak your word with great boldness. Stretch out your hand to heal and perform signs and wonders through the name of your holy servant Jesus.” After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly.

- ACTS 4:29-31

TODAY:

- **What is the Lord saying to you?**
- **Who are you praying for?**
- **Pray for an increase in the miraculous among us**

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- PSALM 51:10



POWER FOR REVIVAL

Peter replied “Repent and be baptised, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. The promise is for you and your children and for all who are far off—for all whom the Lord our God will call.” With many other words he warned them; and he pleaded with them, “Save yourselves from this corrupt generation.” Those who accepted his message were baptised, and about three thousand were added to their number that day.

- ACTS 2:38-41

**▶ Watch today’s video devotional from
RACHAEL BASSON**

But seek the welfare of the city where I have sent you into exile, and pray to the LORD on its behalf, for in its welfare you will find your welfare.

- JEREMIAH 29:7 ESV

TODAY:

- What is the Lord saying to you?
- What are you fasting from?
- Pray for a spiritual ‘awakening’ in the nation

 *“Create in me a pure heart, O God, and renew a steadfast spirit within me”*

- PSALM 51:10

PRAISE AND PROCLAMATION

Sing to the LORD, all the earth; proclaim his salvation day after day. Declare his glory among the nations, his marvellous deeds among all peoples. For great is the LORD and most worthy of praise; he is to be feared above all gods. For all the gods of the nations are idols, but the Lord made the heavens. Splendour and majesty are before him, strength and joy are in his dwelling place.

- 1 CHRONICLES 16:23-27

**▶ Watch today's video devotional from
RU CULLEN**

All the nations you have made will come and worship before you, Lord; they will bring glory to your name. For you are great and do marvellous deeds; you alone are God.

- PSALM 86:9-10

TODAY:

- What is the Lord saying to you?
- Who are you praying for?
- Pray for more influence as a Kingdom Ambassador

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- PSALM 51:10



POSTURES OF PRAISE

You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you, in a dry and parched land where there is no water. I have seen you in the sanctuary and beheld your power and your glory. Because your love is better than life, my lips will glorify you. I will praise you as long as I live, and in your name I will lift up my hands. I will be fully satisfied as with the richest of foods; with singing lips my mouth will praise you.

- PSALM 100

**▶ Watch today's video devotional from
ANNABEL SHARMAN**

Come, let us bow down in worship, let us kneel before the LORD our Maker; for he is our God and we are the people of his pasture, the flock under his care.

- PSALM 95:6-7

TODAY:

- What is the Lord saying to you?
- Pray, "Lord, who do you want to BLESS through me?"
- Pray for a spiritual 'awakening' in the nation

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- PSALM 51:10



PRAISE AND THANKSGIVING

I will give thanks to you, LORD, with all my heart; I will tell of all your wonderful deeds. I will be glad and rejoice in you; I will sing the praises of your name, O Most High.

- PSALM 100

**▶ Watch today's video devotional from
MATT CERNIK**

Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

- COLOSSIANS 3:16-17

TODAY:

- What is the Lord saying to you?
- What are you fasting from?
- Pray for a friend to come to know the Lord

 *"Create in me a pure heart, O God, and renew a steadfast spirit within me"*

- PSALM 51:10

PRAISE BRINGS VICTORY AND DELIVERANCE

David sang to the LORD the words of this song when the LORD delivered him from the hand of all his enemies and from the hand of Saul. He said: "The LORD is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation. He is my stronghold, my refuge and my saviour—from violent people you save me. I called to the LORD, who is worthy of praise, and have been saved from my enemies."

- 2 SAMUEL 22:1-4

**▶ Watch today's video devotional from
ZOE MCCLEAN**

After consulting the people, Jehoshaphat appointed men to sing to the LORD and to praise him for the splendour of his holiness as they went out at the head of the army, saying: "Give thanks to the LORD, for his love endures forever." As they began to sing and praise, the LORD set ambushes against the men of Ammon and Moab and Mount Seir who were invading Judah, and they were defeated.

- 2 CHRONICLES 20:21-22

TODAY:

- **What is the Lord saying to you?**
- **Who can you invite to the Wellbeing series?**
- **Pray for the peace of your city/town/ neighbourhood**

 *"Create in me a pure heart, O God, and renew a steadfast spirit within me"*

- PSALM 51:10

PRAISE RELEASES GLORY

The trumpeters and musicians joined in unison to give praise and thanks to the LORD. Accompanied by trumpets, cymbals and other instruments, the singers raised their voices in praise to the LORD and sang: "He is good; his love endures forever." Then the temple of the LORD was filled with the cloud, and the priests could not perform their service because of the cloud, for the glory of the LORD filled the temple of God.

- 2 CHRONICLES 5:13-14

**▶ Watch today's video devotional from
SIMON BENN**

And they were calling to one another: "Holy, holy, holy is the LORD Almighty; the whole earth is full of his glory."

- ISAIAH 6:3

TODAY:

- What is the Lord saying to you?
- Have you signed up for a 24/7 prayer slot?
- Pray for an increase in the miraculous among us

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- PSALM 51:10



PRAISE BRINGS TRANSFORMATION

“And we all, who with unveiled faces contemplate the Lord’s glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit.”

- 2 CORINTHIANS 3:18

**▶ Watch today’s video devotional from
*ADE KEHINDE***

I will praise the LORD, who counsels me; even at night my heart instructs me. I keep my eyes always on the LORD. With him at my right hand, I will not be shaken.

- PSALM 16:7-8

TODAY:

- **What is the Lord saying to you?**
- **What are you praying for?**
- **Pray for the nation and for all those in authority**

 *“Create in me a pure heart, O God, and renew a steadfast spirit within me”*

- PSALM 51:10

PRAISE BRINGS REVIVAL

May God be gracious to us and bless us and make his face shine on us—so that your ways may be known on earth, your salvation among all nations. May the peoples praise you, God; may all the peoples praise you. May the nations be glad and sing for joy, for you rule the peoples with equity and guide the nations of the earth. May the peoples praise you, God; may all the peoples praise you. The land yields its harvest [revival]; God, our God, blesses us. May God bless us still, so that all the ends of the earth will fear him.

- PSALM 67:1-7

**▶ Watch today's video devotional from
KAREN SMITH**

Clap your hands, all you nations; shout to God with cries of joy. For the LORD Most High is awesome, the great King over all the earth... Sing praises to God, sing praises; sing praises to our King... God reigns over the nations; God is seated on his holy throne.

- PSALM 47:1-2, 6, 8

TODAY:

- What is the Lord saying to you?
- Who can you invite to the Wellbeing series
- Pray for revival in the church

 *"Create in me a pure heart, O God, and renew a steadfast spirit within me"*

- PSALM 51:10

Go to kingsgate.church/prayer to:

Sign up for 24/7 prayer slots

Watch and download recorded
video devotionals

Access the Prayer Shield and other prayer
resources including The Lord's Prayer and
The Prayer of Jabez

Find details of upcoming
prayer meetings

Why not get together with a group of
friends to pray, using the
[PrayerMate](#) app?

We would love to stand with you in prayer for
breakthrough during this season, so if you'd like
to submit a prayer request via direct message
on Facebook, Twitter or Instagram you can do
so by searching 'KingsGate Community Church'
or visiting:

 fb.me/kingsgatecommunitychurch

 twitter.com/kingsgateuk

 instagram.com/kingsgate.church

(Names will be removed from all prayer requests
submitted via social media before a small team
pray over each request).



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